

South End Sports



Keeping you informed: Mr Woodcock—Sports Lead

March 2024

This term has seen a fantastic plethora of sports happening at SEJS. A huge well done to everyone involved.

Competitions and events

The school have attended 4 different external competitions. SEJS competed in mixed futsal for Y5/6 and played well to achieve a 4th place; a mixed basketball event for Y5/6 coming in 7th place; a target cluster boccia event coming in 3rd place; and a KS2 values festival where pupils tried a variety of different activities aimed at building a life-long love of being physically active. All of the children represented the school brilliantly and displayed school values at all times. We now have had pupils participating in football, dance and dodgeball clubs after school. SEJS are planning on attending further external sports events as we enter the final two half terms of 23/24.



PE at SEJS

Our Real PE has continued with a focus on creativity across the entirety of KS2. Pupils have been learning how to sequence movements and build upon feedback to improve those movements. We aim to instil a sense of enjoyment with physical education through our Real PE lessons. Real PE allows for pupils to maintain physical activity for sustained periods of time whilst sharing the importance of leading healthy and active lives. Alongside this, dance, gymnastics, badminton and tennis have been taking place. The pupils have been working on making good use of space; outwitting their opponents; and understanding rules and tactics in sporting situations. Year 5 went swimming earlier in spring term to learn an all-important life skill. They focussed on correct stroke technique and building up endurance to successfully swim 25m by the end of KS2. Y3 have also begun their yearly swimming here at SEJS. With many pupils swimming for the first time at school, they are not only learning a crucial life-saving skill, but hopefully finding a physical activity they are able to enjoy for the rest of their life.

SkipBeatz

We had SkipBeatz return to SEJS and work with us again at the end of February. All of the classes received a 40-minute workshop across two days. The focus was on fun and enjoyment whilst working towards their active 60 minutes. The pupils were incredibly positive about the experience and worked really hard during their workshops. The pupils were vocal in their enjoyment of the days. We are working to embed skipping across our PE lessons due to the fantastic aerobic and anaerobic benefits.

Upcoming

Well done to all of the pupils taking part in the wide variety of PE here at SEJS. Over the next term, we have athletics, OAA, rounders and cricket for Y3-Y6.

