

South End Sports



Keeping you informed: Mr Woodcock—Sports Lead

Friday 16th December 2022

It has been a busy autumn term for PE at SEJS. We have been learning and improving our skills in hockey, netball and basketball. Upper Hub have also been swimming during the past term. Alongside these, we have been undertaking our weekly REAL PE lessons. In the Lower Hub, we have been improving their social and personal skills to continue to develop their effective teamwork skills alongside a focus on dynamism, balance and agility. In Upper Hub, we have been thinking about how we can involve and motivate others in our lessons, as well organising roles and responsibilities in our team groups. We have started to explore ways in which we can communicate well in a team and have played fun games such as River Crossing. We played a new game called Kabaddi using tag rugby belts and showed great teamwork and sportsmanship during this.

Competitions and events

This has been a busy and action packed half term regarding sports events for SEJS. Over 50 children have represented the school in a wide number of events including athletics, new age curling, football and cross-country. Well done to those children who qualified for the next stages of the cross-country event, which will take place in January 2023. Within school, we have seen a wonderful increase in the number of sports clubs offered after school. This half term has seen football, cross-country, dodgeball and tag rugby on offer.

Sports Leaders

A big congratulations to our new Year 6 Sports Leaders for the 2022/23 year. They have attended a special training day in Wellingborough for this role and are going to be encouraging their fellow pupils to be more active and engaged with PE. They are supporting and tracking the physical activities across the school as we move towards every child achieving their 60 active minutes each day. They will be helping with Sports Day later in the year, with the Daily Mile and looking after our PE equipment. Well done to these young leaders for wanting to take on more responsibility and support their peers.



PE kit reminder

For indoor PE, every child needs black shorts, a white t-shirt (with or without the school logo) and trainers or plimsolls. For outdoor PE, children are required to bring black tracksuit bottoms and a black sweatshirt/hoodie in addition. This kit should be in school every day as PE days can sometimes change. Children must tie back long hair and take off any earrings or watches/sports watches for every PE lesson. If items are missing, the children will now be given a slip reminding them of which items they need to bring into school the next day to ensure they have a full kit.