



Relationships, Sex and Health Education

Friday 25th April 2025

Dear parents/ carers,

Relationships, sex and health education (RSHE) is taught in all primary schools, with the relationships and health elements being statutory.

As a school, we use the programme 'Jigsaw' to support the teaching and learning of RSHE. Jigsaw is a scheme that provides high quality, age-appropriate lessons from Reception to Year 6 and complies with the latest guidance from the DfE. South End Infant School also uses Jigsaw enabling us to provide fluency and progression across the two sites.

Please view the attached document to see the RSHE coverage for each year group.

Our sex education programme is tailored to our pupils' age, and physical and emotional maturity. As children get older, they may be confused by changes in their bodies – this confusion can be made worse by misinformation online and from other children. We offer fact-based education to reassure your child that what they're experiencing is normal, and we explain the science behind these changes.

We encourage you to keep your child in this programme and to have conversations at home about this topic. However, you have the right to withdraw your child from the sex education lessons if you wish. Should you decide to withdraw them, you should put this wish in writing - with reasons - and send to myself by Friday 9th May please. Alternative work will be set for pupils who are withdrawn from sex education lessons.

Please note: the science curriculum, relationships education and health education are statutory so it is compulsory for pupils to participate in these lessons.

If we do not hear from you by Friday 9th May, we will assume your child can take part in the planned sex education lessons as part of the wider RSHE curriculum.

Kind regards

Headteacher



Inspiring the learning journey!